

2011 SUMMER CAMPER/PARENT GUIDE

This guide contains the information you and your camper need to know about camp.
Call Camp Shamineau at 218-575-2240 with any questions.

Office Hours:

Monday – Friday 8:30 AM-4:30 PM

Saturday – Office Closed

Sunday – 1:30 –6:30 PM (Summer Only)

What to Bring/What Not to Bring

Bringing what your child needs can help to ensure a good camp experience. Remember to mark all clothing and gear with the camper's name using nametags or permanent ink.

Dress Code

When it comes to clothing, pack items that are modest. To us this means that your swimwear adequately covers your body, your pants stay up, and we don't see your underwear. All girls should pack a one-piece swimsuit or modest tankini since most camp water activities are very active. Clothing that advertises alcohol or tobacco products is not allowed. If you don't think something will be right for camp, you should leave it at home. If you're wearing something that is inappropriate, camp staff will ask you to change.

Clothing

Be sure to pack typical camp clothes—the kind you could afford to lose and don't mind getting really dirty. Days can be very hot and nights can be cool, so pack accordingly. Due to the active nature of camp, all campers must have at least one pair of athletic/tennis shoes. Campers planning to ride horses must wear long pants with boots or lace-tied shoes. Please make sure your bag for dirty clothes is marked "DIRTY CLOTHES" and labeled with your child's name. Keep in mind that no laundry service is available.

Bedding

Campers provide their own bedding including a pillow, sleeping bag or twin sheets and blankets.

Personal

All campers should bring a personal water bottle due to the active schedule and the temperature of the summer months. Feel free to bring a camera, flashlight, sun block, bug spray, fishing and sports equipment, etc. Please do not bring excessive snacks that tend to draw the wildlife indoors. Do not bring music devices, electronic games, cell phones, pagers or items of great value. These items have a great risk of being lost or broken. They will be collected, stored and then returned at the end of the week.

Spending Money

Camp Bank

Campers are strongly encouraged to deposit their spending money in the camp bank. For your convenience you are now able to deposit your camper's spending money in their account prior to arriving at camp. You can include it with their registration, or contact the camp office with a check or credit card number to make a deposit. Spending money brought with the camper to camp is given to their counselor upon arrival at their cabin, and the counselor deposits the money at the camp office. Money can be withdrawn each day through the counselor. Money will be deposited in whole dollar amounts only. All unspent money will be returned to the campers prior to their departure.

How Much & For What?

The Pine Cone Shoppe is open during check-in and check-out for you to purchase items such as t-shirts or sweatshirts for your camper. The Pine Cone Shoppe features postcards, t-shirts (from \$10-\$15), sweatshirts (from \$25-\$40), and much more. Trail Rides (\$10), Ropes Course Zip Line (\$5), Indoor Climbing Wall (\$5), Paint Ball (\$8), Crafts (free-\$5) the Leather Shop (\$2-\$15) and the Snack Shop are also available to most campers during their free time at the main camp only. An offering is also taken each week.

Pictures, DVDs, Care Packages

Each camp session our photographer takes a great photo of each cabin group. These 5 x 7 photos are available for purchase for \$5. You can also bring a piece of your camper's experience home on DVD. Highlights will include a video slide show, picture slide show, and videos seen in chapel during the week. DVDs are available for \$10. Shamineau Care Packages are an easy way to send your child a midweek treat. This year's care packages are packed in a Shamineau water bottle and include Shamineau souvenirs and treats. Care Packages can be purchased for \$20. You can order pictures, DVDs or Care Packages with your child's registration or just contact the office and we will add it to your child's registration information. These items can also be ordered at Check-In.

Getting to Camp

Directions to Camp- 2345 Ridge Rd, Motley, MN

- Camp Shamineau is located 25 miles north of Little Falls (just south of Motley) on Highway 10. Watch for the “Camp Shamineau” signs or the “Ridge Road” sign at mile marker 120. Shamineau is 1-1/2 miles east of Highway 10 on Ridge Road.

Bus Transportation

(not available for trips, Tenderfoot or Rock Ridge)

- The bus drop off and pick up is at New Hope Church - 4225 Gettysburg Avenue N, New Hope, MN 55428 (Cty Rd 9 and Hwy 169).
- Campers taking the bus to camp should be at New Hope Church no later than 1:45 PM on SUNDAY.
- Bus riders are to be picked up from the church at 4:30 PM on FRIDAY. However, many times the bus arrives early, so please arrive by 4:00 PM.
- On Friday, parents (or other preapproved persons) will have to check in with the Shamineau representative before the camper is released to them.
- No stops are made for bathrooms or food. The bus is equipped with a restroom.
- You must reserve a spot at least two weeks prior to your camp week to ride the bus. Call the camp office at 218-575-2240 to add the bus to your registration. DO NOT call New Hope Church.
- No refunds will be given for cancellations.

Check-In Procedures

- Parents and campers will be greeted by Shamineau staff and directed where to park.
- Campers with no balance due will be given their cabin assignments in the parking area.
- Campers who have a balance due or need to make changes (add care package, ropes skills class, cabin picture or DVD) should go to the office and will be given their cabin assignment after their payment is taken care of.
- **Campers who have medication or who need to speak to the nurse should see the nurse at the gym BEFORE proceeding to their cabin.** ALL prescription medications, vitamins and over-the-counter medications must be turned in to the nurse at check-in.
- The Pine Cone Gift Shoppe will be open during check-in for campers and parents.

Check-Out Procedures

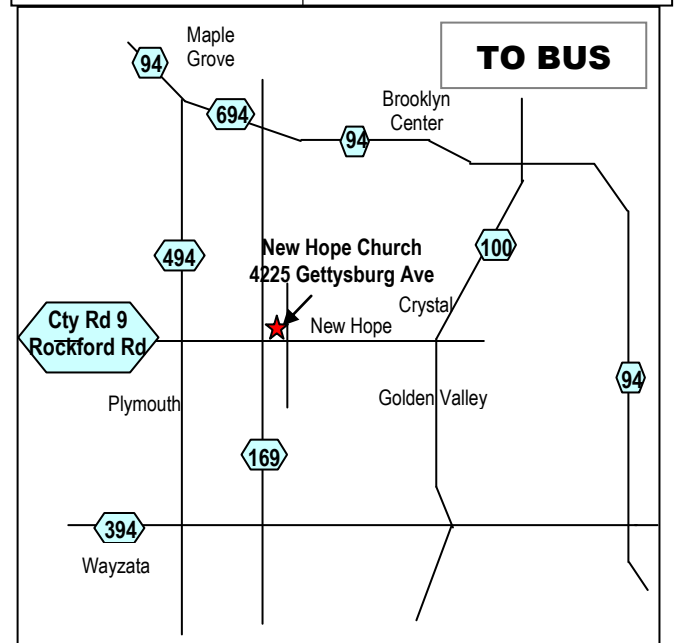
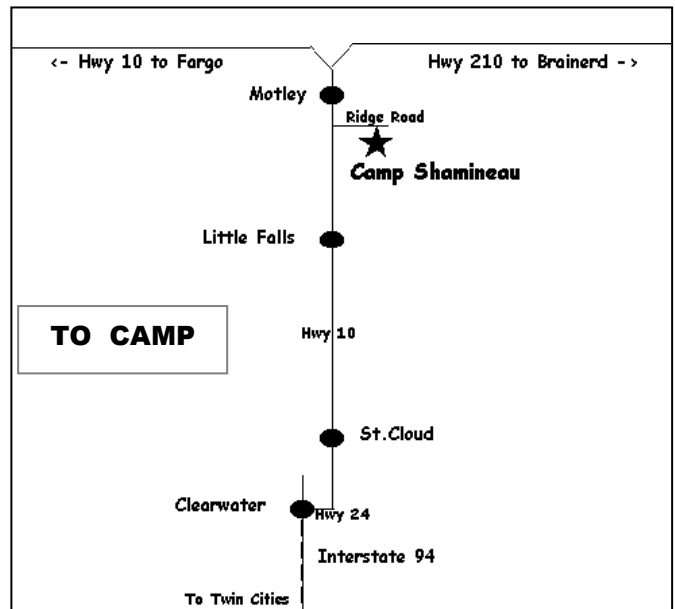
- If you are not picking up your own child at camp or at the bus, please make sure that you have informed camp of your arrangements. **Campers will be checked out by a Shamineau staff member and will only be released to someone who has been pre-approved by you and whose name is listed on your camper’s file.**
- Campers not riding the bus will have their luggage at the gym, sorted by cabin groups. They will be released from their final chapel and stay with their counselor near the gym to meet with their parents (or other preapproved persons).

Late Arrival / Early Departure

- If you do not think you will make it to camp by the end of check-in, please notify the camp office at 218-575-2240.
- If your child needs to be picked up before the scheduled check-out time, please contact the camp office so your child will be ready when you arrive.

Directors/Parent Meeting

Parents are invited to come at 11:00 AM on the last day of camp to meet the directors, tour camp, hear our philosophy of ministry and get a sneak-peak at future events and projects happening around camp. Meet at the Gym. Parents are also invited to have lunch at camp on Friday at no cost, and attend closing chapel following lunch. The Directors meeting for Tenderfoot 2 & 6 is at 9:00 AM on their last day of camp. Tenderfoot 2 & 6 parents should meet by the Dining Hall for this meeting.



Ranch Demonstration

Cowpoke and Ranch Hand campers will participate in a Demonstration Program for their parents at 10:00 AM on Friday of their camp session. This will take place at the corral. Parents are invited to stay for lunch at no cost, and attend closing chapel following lunch. **There is NO Demonstration Program for Cowboy and Rawhide camps.**

Lost and Found

- Mark all items with your child's full name with permanent ink.
- Because of the large number of items left behind at camp each week, we do not make individual phone calls to notify owners of items left here. It is your responsibility to call camp at 218-575-2240 and give us a detailed description of your lost items.
- If the reported items are found, we will call to make arrangements for your payment of the packing and shipping costs.
- Any towels, socks, undergarments, pillows, toiletries, and wet or foul smelling items will be discarded immediately.

ALL ITEMS LEFT AT CAMP ARE DISCARDED AFTER 10 DAYS

Phones, Visitors, E-Mail/Faxes and Mail

Phones

At Camp Shamineau campers are only permitted to make or receive phone calls in emergency situations. Campers will also not be allowed to keep cell phones or pagers. Parents are requested to call for campers only in the case of an emergency. Summer office hours are Monday – Friday, 8:30 AM to 4:30 PM. After 4:30 PM an answering machine will provide an emergency number. A Shamineau staff member will answer this phone after office hours. This after-hours phone is for emergencies only. Registration and business questions cannot be answered after hours. The office is closed on Saturday and does not open on Sunday until 1:30 PM.

Visitors

Due to the brief stay the campers have at camp there are no scheduled visiting days during the week. For security purposes, visitors are not encouraged.

E-Mails/Faxes

Due to system constraints, we are unable to distribute e-mails or faxes to campers. Please use the mailing information below to make sure that your communications arrive while your camper is here.

Mail/Packages

Campers love to receive letters and packages while at camp. If you are sending mail or a package, be sure to allow at least 3-4 days for the mail to arrive. Please address mail as noted in the sample on this page.

- If sending a package to Camp Shamineau by special carrier that does not accept a PO Box, address instead to 2345 Ridge Road, Motley MN 56466.
- Many parents bring their camper packages with them when they drop their camper off at camp. We will keep your camper's package in our office and deliver it during the week. Be sure the package is well marked with your child's name.

Return Address
111 Any Street
My town, State 50000

Camp Shamineau
Camper's Name
Name of camp week (e.g. Voyager 1)
PO Box 244
Motley, MN 56466

Health Information

We take every precaution to ensure the health and safety of each camper. Your child's health is our nurses' main concern. Campers are welcome to see them at any time. We want to keep campers healthy and happy so they can have a great week of camp!

Should your child require off-camp care, every attempt will be made to contact you first.

- A well-equipped Health Center is located on site under the 24-hour direction of a registered nurse.
- Clinics and emergency room care are located within 12 miles of camp and many of our staff are certified First Responders or EMTs.
- Camp Shamineau carries secondary medical coverage on campers. Medical bills resulting from injury while at camp must first be submitted to the camper's personal medical insurer.
- Each camper is required to submit the completed medical information form. If you have not completed this form, please finish it and fax or mail it in before your child's camp date. This form may be obtained by fax or by mail or via the web site: www.shamineau.org.

Medications

- When packing, have all medications in a zipper-locked bag clearly marked with the camper's name.
- **All** medication (prescriptions, vitamins, over the counter medications, etc.) must be turned in to the nurse during check-in and will be administered as scheduled.
- Medications will be returned to campers prior to departure.
- Campers with inhalers should bring two, one to keep in their cabin and one to leave with the Camp Nurse.
- Don't forget your anaphylactic kit if you have severe allergies.

Special Dietary Needs

Parents of campers with serious food allergies or dietary concerns are asked to call camp to discuss the menu with the Food Service Director 2 weeks prior to their child's camp date. Special dietary items needed by your camper will be kept in the Health Center.

Poison Ivy

Let your campers know that Poison Ivy grows abundantly in our area. Learn to identify it and stay on well-traveled paths. Always wash well after being in areas of possible poison ivy contact or use an alcohol-based waterless hand sanitizer. This will neutralize the poison ivy oils on your skin and works to prevent a rash from developing.

Beating those Homesick Blues

Preventing homesickness starts at home with you! Homesickness is an affliction that can affect a child's camping experience. Once at camp, we do our best to help campers work through the feelings, but here are some suggestions that can make things easier for your child:

- Send your child with a good friend. Good supportive friends are a great prevention.
- Discuss what camp will be like. Focus on the positive aspects of camp. Talk about the fun activities, the idea of growing up, and the independence and adventure of it all.
- Plan an overnight for your child before camp. This can help prepare your child for their camp session. This will also help you evaluate if your child is ready for their stay at camp.
- While your child is at camp, write them often. Kids love to receive letters at camp, and getting one from home on the first or second day (by sending it before they leave home) does wonders. Keep your letters cheerful as homesickness can be brought on by a letter that tells him or her how much they are missed, or how much fun everyone at home is having.
- If your child is struggling with homesickness during the week a staff member will call you, the parent, to discuss the situation.

Waterfront

All campers are allowed to swim in the shallow areas and those who wish to swim in the deeper sections will be individually assessed. Certified lifeguards supervise all swimmers. All campers can use the Blob or watercrafts as lifejackets are required for these activities.

Staffing

Camper/Staff Ratio

Children are placed in cabin groups of 8-12 campers with 2 counselors to each cabin. Along with these counselors, our support staff, made up of wranglers, lifeguards, program, maintenance, and kitchen crews are assigned to a cabin as a "cabin friend" and participate with the campers in many activities throughout the week.

Staff Selection & Training

All staff are chosen on the basis of their personal commitment to Jesus Christ, maturity, character, and love for kids. Staff attend a minimum of a weeklong training session and are regularly evaluated. If you would like, you may see a staff application with its extensive questions on our website at www.shamineau.org.

Follow-up Ministry

While your child has been at camp, they have learned a lot about God and their personal relationship with Him. It doesn't stop there. We want them to continue growing in their relationship long after their time here is done. Your child's counselor will provide them with a Bible, if needed, and age appropriate study materials to bring home with them based on their discussions with your child.

Church Involvement

We believe that for your child to continue growing spiritually they need to be connected with a local church who will encourage, support and challenge them in their faith. Camp is just a step in this process. If your child makes a significant spiritual decision, your church will receive a notice informing them of your child's decision.

On the Web

Visit www.shamineau.org for links to additional age appropriate resources to assist your child in their spiritual growth.

Camp Accreditation

- Shamineau Ministries is affiliated with the Evangelical Free Church, but campers of all beliefs and denominations are welcome. Christ and a personal relationship with Him are the core beliefs communicated.
- Camp Shamineau is accredited by CCCA-Christian Camp and Conference Association
- Key staff members have certifications within their area of expertise. Many of our staff are also certified First Responders, Fire Fighters or Emergency Medical Technicians.

We Want Your Feedback

We want to hear from parents of campers, and even campers themselves as they are a great resource of how we are doing, and how we can better serve you in the future. Please call or write us with any concerns, questions, or ideas on how to improve.

Packing List

- Jeans/Shorts
- Swimsuits (one piece or modest tankini only for girls)
- T-Shirts
- Sweatshirts/Jacket
- Pajamas
- Underwear & Socks
- Boots or hardsole shoes if riding horses
- Athletic/Running Shoes
- Dirty Clothes Bag
- Sleeping Bag/Bedding/Pillow
- Towels/Washcloth
- Toiletries
- Bible/Notebook/Pens
- Flashlight
- Stamps, envelopes, postcard for letters home
- Other optional items: camera, fishing equipment, bug spray, sun block
- Skateboard Campers:** Skateboards, pads, helmets. We do have some of this on hand but if you have your own it would be great for you to bring them along
- Island Campers:** DO NOT BRING NICE CLOTHES! Bring biodegradable soap and shampoo as showers are a jump in the lake.
- Wakeboard Campers:** Bring an extra swimsuit. Wakeboards and life jackets are provided, but feel free to bring your own as well.
- Horse Campers:** Bring long pants and hard soled boots, shoes or tennis shoes for riding horses.

DO NOT BRING

Excessive snacks, music devices, cell phones, pagers, electronic games, immodest clothing, weapons of any kind, alcohol, fireworks, expensive items/clothing.